

Week 1	Week 2	Week 3
<b>Monday</b>		
Southern Fried Chicken Goujons Chipped Potatoes & Sweetcorn  ~ Ravioli (V) with Cheese Mashed Potatoes & Peas  ~ Apple & Raspberry Crumble with Custard	Lasagne / Pasta Bake Savoury Herb Diced Potatoes & Garlic Mushrooms  ~ Margherita Pizza (V) Potato Croquettes & Baked Beans  ~ Adam & Eve Sponge with Custard	Sausages Chipped Potatoes & Baked Beans  ~ Macaroni Cheese (V) with Garlic Bread & Broccoli / Spinach  ~ Chocolate & Orange Sponge with Custard
<b>Tuesday</b>		
Beef Bolognese Garlic Bread, Spaghetti & Peas  ~ Margherita Pizza (V) Non-Fried Herby Potato Bites & Baked Beans  ~ Flapjack & Fruit Juice	Minced Beef Pie, Parsley Potatoes, Carrots & Gravy  ~ Ravioli (V) with Cheese, Mashed Potatoes & Peas  ~ Delight & Fruit Juice	Meatballs, Potato Swirls / Spaghetti in Tomato Sauce & Peas  ~ Tomato & Lentil Pasta Bake (V) Potato Croquettes & Sweetcorn  ~ Artic Roll & Fruit Juice
<b>Wednesday</b>		
Chicken Breast Mashed / Boiled Potatoes Swede, Cabbage & Gravy  ~ Quorn Sausage (V) Sage & Thyme Roast Potatoes, Carrots & Gravy  ~ Various Jelly	Sliced Pork & Seasoning, Sage & Thyme Roast Potatoes, Broccoli, Cauliflower & Gravy  ~ Cottage Pie (V) Boiled Potatoes, Carrots & Gravy  ~ Raspberry Mousse Slice	Sliced Beef & Yorkshire Pudding, Oven Baked Crispy Roast Potatoes, Cabbage, Carrots & Gravy  ~ Sausage (V) Mashed Potatoes, Peas & Gravy  ~ Yoghurt
<b>Thursday</b>		
Sausages Mashed Potatoes & Baked Beans  ~ Meat Free Meatballs (V) in Tomato & Basil Sauce, Pasta & Peas  ~ Chocolate Sponge & Custard	Chicken Curry Various (korma, masala or fruity) Rice, Sweetcorn & Peas  ~ Pizza Bagel Potato Croquettes & Baked Beans  ~ Fruity Flapjack	Cottage Pie Mashed Potatoes, Carrots & Gravy  ~ Margherita Pizza Non-Fried Herby Potato Bites & Coleslaw  ~ Caramel Apple Crumble & Ice Cream
<b>Friday</b>		
Jumbo Fish Finger Salmon Fishcake Smiley Faces & Sweetcorn & Tomato Sauce  ~ Fruity Vegetable Curry (V) Rice & Peas  ~ Citrus Oat Cookie & Fruit Juice	Fish Portion Chipped / Boiled Potatoes & Baked Beans  ~ Cheese Potato Pie (V) & Tomatoes  ~ Chocolate Cookie & Fruit Juice	Sea Stars Salmon Fishcake Chipped Potatoes Baked Beans or Peas Fruity Curry Sauce  ~ Cheese Panini (V) Savoury Wedges & Side Salad  ~ Honey & Lemon Cookie & Fruit Juice
<p>A selection of baked potatoes, pasta and sauce or sandwiches/rolls available daily served with a choice of fillings plus salad or accompaniment. Please check with your school for availability.</p> <p>Fresh Milk / Drinking Water, Wholemeal Bread, Various Fruit Selection, Fruit &amp; Ice Cream and Yoghurt available daily.</p> <p>The menu mix displayed is for guidance only. Customers will be free to make their own daily accompaniments selection.</p> <p>Caerphilly Catering Services reserve the right to change products subject to availability.</p>		